

## **CANDLE ACTIVITY**

Candlelight vigils as well as prayer are rituals that the Cajun/Creole culture practices during times of great stress or when a loved one dies.

Encouraging school-aged children and adolescents to write a prayer or light candles in honor of their families or lost neighborhoods etc., would be a helpful activity for youngsters during this time. □

<http://www.tlcinstitute.org>

This information is made available courtesy of The National Institute for Trauma and Loss in Children (TLC), a non-profit 501(c)3 program of Children's Home of Detroit (CHD). If you have questions that you would like to ask our TLC Certified Trauma Specialist on staff, or would like a recommendation for a TLC Certified Trauma Specialist in your area, please call TLC toll-free at 877-306-5256 or email us at [steele@tlcinst.org](mailto:steele@tlcinst.org) □