

## **BRIDGE ACTIVITY**

To begin this activity, divide a piece of paper into three panels or sections. On the first panel, have the youngster draw a picture of a problem or concern they have. After drawing the particular situation they are asked to draw on the third panel a picture of what things would look like if the problem were solved. Between these two scenes have the youngster draw symbols of obstacles blocking their movement toward the “solution.” Then have them draw a bridge over the obstacles, providing a connection between the problem and the problem solved.

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This information is made available courtesy of The National Institute for Trauma and Loss in Children (TLC), a non-profit 501(c)3 program of Children's Home of Detroit (CHD). If you have questions that you would like to ask our TLC Certified Trauma Specialist on staff, or would like a recommendation for a TLC Certified Trauma Specialist in your area, please call TLC toll-free at 877-306-5256 or email us at [steele@tlcinst.org](mailto:steele@tlcinst.org) □